BASHH

BASHH Adolescent Sexual Health SIG
Learning the Basics, Leading Beyond: Safeguarding Young People's Sexual Health

2nd December 2026

Online Event | Zoom

This programme is subject to change at the Conference Organisers discretion

www.bashh.org

Conference Information

Conference Logistics: bashh-events@moore-insight.com

The online course Learning the Basics, Leading Beyond: Safeguarding Young People's Sexual Health will cover essential components of safeguarding from how to manage everyday cases to how to lead departments.

Our speakers will talk about dealing with the following topics and there will be plenty of challenging case discussions.

- Safe uncertainties in adolescent intimacies
- Being a safeguarding lead
- The law around young people and safeguarding
- Complex safeguarding

Programme

Time	Session	Speaker
09:00	**Welcome Address**	**Rebecca Thomson-Glover** – Consultant Sexual Health and HIV, Mersey West Lancashire NHS Trusts
09:05	**Practical safeguarding in sexual health**	**Sarah McCarthy** – Safeguarding Lead & CNWL NHS FT Sexual Health **Dawn Wilkinson** – Consultant Sexual Health / HIV & Imperial College Healthcare NHS Trust
10:00	**Reimagining Adolescent Intimacies: A Safe Uncertainty Approach to Practice**	**Emily Setty** - Associate Professor in Criminology, University of Surrey
10:40	**Capacity, Consent and Reporting**	**Max Duddles** - Lead Trainer for Health and Social Care, Bond Solon Training
11:20	**Refreshment Break**	
11:30	**Safeguarding in Young Person's sexual health - How to get the basics rights and how to call for help.**	**Najette Ayadi O'Donnell** – Consultant Paediatrician, University College London Hospital NHS Trust
12:30	**Closing Address**	**Sophie Forsyth** – Consultant GUM/HIV, Great Western Hospital Swindon
12:35	**Event Close**	

Speakers

Max Duddles	I am a Solicitor with over 30 years' experience, primarily in the fields of mental capacity, mental health and criminal law. I am now non-practicing as about 4 years ago; I came to work for Bond Solon as a legal trainer and course designer. I am now the lead trainer for health and social care. I have significant experience in representing clients of all ages in challenging mental health and criminal proceedings, as well as clients over the age of 16 in complex mental capacity cases.
Sophie Forsyth	Sophie has been a consultant and safeguarding lead since 2008 and is an author on the BASHH guidelines for STI's in Children and Young People. She is a current member and former chair of the BASHH Adolescent Special Interest Group and former chair of BASHH Education committee and BASHH officer.
Sarah McCarthy	Sarah McCarthy (Registered Nurse and Safeguarding Lead CNWL sexual health) has worked across sexual health settings for 25 years in a variety of roles with varying responsibilities. Most roles have have involved an element of outreach work mainly with young people but also for marginalised adults. Safeguarding is part of my daily role after moving into a full-time Safeguarding Lead role in 2020. I am passionate about safeguarding young people and providing accessible and safe sexual health services for all.
Najette Ayadi O'Donnell	Najette is a Consultant Paediatrician at UCLH, specialising in adolescent health and complex safeguarding. She previously served as Health Lead at the Lighthouse, London's first Child House supporting children and young people affected by sexual abuse, and currently leads TRACCS (Treatment and Rehabilitation for Adolescents and Children with Complex Conditions Service) at UCLH. She holds RCPCH specialist interest (SPIN) accreditation in Adolescent Health and Child Safeguarding and is a member of the RCPCH Young People's Health Special Interest Group. Passionate about medical education and supporting trainees, Najette is UCLH's Trust-wide Champion for Less Than Full Time Training and Support and co-leads the MSc Child Safeguarding course at UCL's Institute of Child Health. She was awarded the RCPCH National Educational Supervisor of the Year in 2023 and shortlisted for a UCLH Staff Excellence Award in 2024. A recipient of the Michelle Zalkin Scholarship for child protection, Najette holds a Master's in Child Health from UCL and regularly contributes to research, teaching and national and international conferences.

Emily Setty	Dr Emily Setty is Associate Professor in Criminology at the University of Surrey. Her research focuses on young people's sexual and relational lives, with particular expertise in harmful sexual behaviour, sexual consent, gender, digital intimacies and online harms. Her work examines how young people navigate complex and contested social and digital environments and how schools, families and professionals can respond in ways that support meaningful dialogue and healthy relationships. Emily leads and collaborates on major research projects concerning boys and young men, consent, masculinity, digital media and harmful sexual behaviour. She is the co-founder of Reimagining RSE, an initiative developing the Safe Uncertainty approach to relationships and sex education, and author of *Reimagining Relationships and Sex Education: A Safe Uncertainty Approach*. She works extensively with schools, safeguarding organisations, police and policymakers to translate research into educational practice, professional learning and policy.
Rebecca Thomson-Glover	Dr Rebecca Thomson-Glover is a Consultant in Sexual Health and HIV at Mersey and West Lancashire Teaching Hospitals NHS Trust, providing clinical care across integrated sexual health services. With a deep commitment to improving health outcomes for young people, she serves as the Chair of the Adolescent Special Interest Group (ASIG) for the British Association for Sexual Health and HIV (BASHH).
Dawn Wilkinson	Dr Dawn Wilkinson is a Consultant in Sexual Health / HIV at Jefferiss Wing, Imperial College Healthcare NHS Trust. Her specialist clinical interests and lead areas are Contraception and Adolescent Sexual Health. She is a longstanding and active BASHH member serving on BASHH Adolescent Specialist Interest Group, with most recent contributions including chair of the writing group for BASHH Management of STI in Children and Young People 2021, co-Lead for STI CSA Chapter working group to update the RCPCH The Physical Signs of Child Sexual Abuse 2023; an evidence review and best practice guidance, Advisory Group member for the updated national CSE toolkit Brook / BASHH Spotting the Signs 2023, regular contributions to the STI / HIV e-LfH Pregnancy and Children as Module Editor and current BASHH Clinical Standards Unit Chair. She is passionate about maintaining high standards across education, training and clinical services to ensure patients receive excellence quality and equitable access to sexual and reproductive healthcare. Her hobbies include yoga and travel.